

# 諮商專業學習對社工師工作價值影響之分析研究

學生：黃敬淳

指導教授：吳麗雲博士

國立臺南大學輔導與諮商學系碩士班

## 摘 要

本研究旨在研究諮商專業學習對社工師工作價值之影響，探討社工師在諮商學習後，對其實務工作價值的影響，而社工與諮商專業之信念相互衝突時，社工師的因應方式及其在系統如何發展出其獨特的工作價值，藉此提供給未來走在同樣道路上的助人者，能夠有更多的理解。研究對象為具備社工師執照、於學習諮商專業前具有1年以上社會工作實務經驗、諮商與輔導相關學系研究所畢業、於畢業後仍從事社會工作且職稱為社工。研究方法採主題研究法，從預先設定主題的概念進行訪談資料分析，去蕪存菁後，再透過歸納找出特定意義，呈現四位助人者的故事，得到研究結論如下：

1. 諮商學習與社工師工作價值之內涵：(1)驅動到增進內外在工作價值(2)從懵懂到區辨兩專業之異同(3)增能對工作與個人的影響：實務工作上的轉變、對個人的影響。
2. 統合心理諮商與社會工作的角色：(1)可彈性轉換角色(2)從二分法到專業優勢：促成專業合作關係、領會建置諮商架構之重要性。

最後依據結果給予現職社工師、在諮商學習階段之社工師及未來研究之建議。

**關鍵字：**諮商專業學習、社工師、工作價值

# An Analytical Study on the Impact of Consulting Professional Learning on the Value of Social Workers' Work

Student : Jing-Chun Huang

Advisor : Professor Li-Yun Wu

Department of Counseling and Guidance, National University of Tainan

## ABSTRACT

This study aims to investigate the influence of professional learning on the value of social workers' work and explore how social workers' learning in counseling impacts their practice value. Additionally, it examines how social workers manage conflicting beliefs between the social work and counseling professions and develop their distinctive work values within the system. The research seeks to provide valuable insights for aspiring helpers who follow a similar career path..

The study's participants consisted of licensed social workers who possessed at least one year of practical experience in social work prior to studying the counseling profession. They had graduated from a counseling and guidance-related graduate program and were currently working as social workers after completing their studies.

A thematic research approach was employed, analyzing interview data based on pre-defined themes. The analysis aimed to uncover specific meanings and present the narratives of four social work practitioners. The themes covered in the study included the connotation of counselor learning and its impact on the value of social workers' work. It examined how this learning journey contributed to enhancing internal and external work value, and how it led to a better understanding of the distinctions and commonalities between the two professions. Furthermore, the research examined the effects of empowerment on the social workers' practice and individual growth, noting the changes in their approach to work and its impact on their personal development.

Another aspect investigated was the shift from a dichotomous view of the two professions towards recognizing professional advantages, promoting collaboration between them, and emphasizing the significance of establishing a solid consultation structure.

In conclusion, the study provides practical recommendations for future research, targeting practicing social workers, social workers in the consulting and learning stage, and those interested in pursuing research in this field. The findings aim to facilitate a deeper understanding of the intricate relationship between professional learning and the value of social workers' work, ultimately benefiting the individuals and communities they serve.

Keywords : Counseling 、 Social Worker 、 Value of work