

男同志家庭污名化經驗與因應策略之探究

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摘要

本研究旨在探究擁有孩子的男同志家庭，在異性戀常規的社會脈絡下，所經驗的污名處境，及採取的因應策略。本研究為詮釋現象學之研究取向，立意取樣五位藉由「代孕」管道生育孩子的男同志爸爸，透過主題分析法進行資料分析。本研究結果從五組男同志家庭重要的三大時間軸線（代孕前、代孕歷程、親職日常），深厚描繪他們的生命經驗，並從中刻劃出體制運作、日常處境與內在心理背後潛藏的性別不平等，以及他們在過程中展演的因應策略，主題如下：

- （一）社會的「不同意」讓我「不孕」：生育兒的想望，被剝奪的資格
- （二）做一位男同志爸爸，比做男同志更難：忐忑不安的求子之路
- （三）陰魂不散的異性戀母職論述
- （四）等量卻不等值的家：「格格不入」的男同志家庭
- （五）我的心情，我的牽掛：孩子是男同志家庭最惦記的核心
- （六）為孩子的成長鋪路：提前為孩子與環境培力
- （七）管理男同志家庭身分：多元出櫃的因應策略
- （八）全家身心動員：原生家庭的連帶污名與因應策略
- （九）男同志家庭的交織性：階級、種族與性別不平等
- （十）不只是污名：社會支持與同志家庭社群

基於上述研究結果的發現，本研究進行深入討論，並針對人工生殖法與同志家庭友善措施、男同志與（準）男同志爸爸們、學校教育者、助人工作者與未來研究者提出相關建議。

關鍵字：男同志家庭、男同志父職、污名化、微歧視、因應策略、代孕

Exploring the stigma related experiences and coping strategies of gay families with children

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Abstract

The objective of this study is to explore the stigma that gay families with children encounter within the societal framework of heteronormativity, and to examine the strategies they employ to address and manage such situations. This study adopts a hermeneutic phenomenological research approach and purposively samples five gay fathers who have had children through surrogacy. Thematic analysis is employed as the method of data analysis. This study presents the results of a comprehensive exploration of the life experiences of five gay families, focusing on three significant time axes: pre-surrogacy, the surrogacy journey, and daily parenting. Drawing on their life experiences and portraying the underlying gender inequalities behind their institutional operations, daily contexts, and internal psychology, and the strategies they have developed to deal with them in the process, the topics are as follows:

- 1.The “disapproval” from society rendered me “infertile”: the desire to have children, deprived of the right of eligibility.
- 2.Being a gay father is more challenging than being a gay man: A restless and anxious path to parenthood.
- 3.A lingering discourse on heterosexual motherhood.
- 4.A home with the same number of people but with different values: the “misfit” gay male family.

5. My Feelings, My Concerns: Children are the Central Focus of Gay Families.
6. Paving the way for the growth of children: Empowering children and the environment ahead of time.
7. Managing the identity of gay families: A diverse approach to coming out of the closet.
8. Impacting the body and mind of the whole family: Courtesy stigma and strategies for coping with the family of origin.
9. Family intersectionality in gay families: Class, race, and gender inequalities.
10. Beyond stigma: Social support and the community of gay and lesbian families.

Based on the research findings, this study engages in thorough discussions and offers recommendations for the Artificial Reproduction Act, initiatives promoting inclusivity for same-sex families, gay men and (potential) gay fathers, educators in schools, professionals in the field of assistance, and future researchers.

Keywords: Gay Families, Gay Fatherhood, Stigma, Microaggression, Coping Strategies, Surrogacy