

成年初顯期女性雙胞胎家庭關係經驗探究

學生：林鼎耀
士

指導教授：李岳庭 博

國立臺南大學諮商與輔導學系碩士班

摘要

本研究旨在探討成年初顯期女性雙胞胎家庭關係經驗及影響，以立意取樣四名成年初顯期女性雙胞胎進行半結構式訪談，透過主題分析法進行文本分析，所得結果如下：

一、被隱身的我，空下的渴望

此主題說明成年初顯期女性雙胞胎回顧家庭關係中親子關係及家中其他親戚長輩間的互動經驗。次主題為「傳統角色下被期待」；「雙親時間心力難分配」。

二、繩繫兩人間，羈離共前行

此主題說明成年初顯期女性雙胞胎回顧家庭關係中，雙胞胎間的手足關係及互動經驗。次主題為「相陪伴於側」；「相扯尋分別」；「拉扯下的距離」；「生命先後扶持行」。

三、獨芽旁連枝，爭陽汲水露均霑

此主題說明成年初顯期女性雙胞胎回顧家庭關係中與非雙胞胎手足關係與互動經驗。次主題為「專屬的照顧者」；「黨同伐異」；「重新看見手足關係」。

四、獨划雙人舟，覓伴尋靠岸

此主題說明成年初顯期女性雙胞胎回顧家庭關係後，知覺自身所受的影響。次主題為「獨立自主怕麻煩」；「重視公平」；「為自我發聲」；「關係的建立與依賴」；「相似的角色與互動模式」；「當唯一不再是唯一」。

並基於上述結果，本研究針對家庭、相關助人工作領域以及未來研究提出相關建議。

關鍵字：家庭關係、成年初顯期、雙胞胎、女性

Exploring the Family Relationships for Female Twins in Emerging Adulthood

Student : Ting-Yao Lin
pHD

Advisor : Yueh-Ting Lee,

Master's Program of Counseling and Guidance, Department of Education
National University of Tainan

Abstract

The purpose of this study was to explore the experiences of the family relationships for female twins in emerging adulthood. The study intended to conduct semi-structured interviews with four participants. After text analyzing by Subject Analysis, the results of this research are shown as follows:

1. Becoming invisible, the need is unsatisfied

This theme explains the experiences of interaction between female twin in emerging adulthood and their parents. The sub- themes include “ Be expected under the traditional role ” , “ The effort of parents is limited”.

2. The rap is tied between each other, On-Again, Off-Again Relationship

This theme explains the experiences of interaction between female twins in emerging adulthood. The sub- themes include “Stay beside .” , “ Get separation” , ” The distance of pulling and tugging” , “Supporting each other through life's ups and downs.”

3. A single bud grows out from twin-branches, struggle to approach sun and water

This theme explains the the experiences of interaction between female twin in emerging adulthood and their brothers and sisters. The sub- themes include “ The belonging care” , “ Alliance ” ,”Reframing the sibling relationship ”.

4. Rowing double scull, searching for partner to reach the shore

This theme explains the influences of family relationship of female twin in emerging adulthood. The sub- themes include “ Independence fears trouble” , “Values fairness ” , ” Speaks up for oneself ” , “ The establishment and dependence of relationships ” ,” Similar roles and interaction patterns ” , “Only is no longer the only

one.”

Based on the research results as stated, this study aims to provide advice to families, counseling related fields, and future research.

Keywords: family relationships, emerging adulthood, twins, female