

已婚女同志伴侶之初次生育協商

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摘要

本研究旨在探討已婚女同志伴侶於初次生育協商之經驗，以現象學為研究取向，立意取樣三對，共六位研究參與者進行結構訪談。透過主題分析法進行文本分析後，研究結果如下：

一、跳脫框架、順應傳統

女同志自身進行生育計畫的意義多樣性，可以看到女同志對於生育從未曾有過的想像到跳脫社會文化對於女同志無法生育的框架，生育使女同志伴侶在實踐母職的過程也使婚姻關係更趨於心理上對於家庭想像的完整性。

二、一進一退、從無到有

女同志伴侶在生育議題裡進行協商的歷程，交織雙方在親密關係上的妥協、退讓、配合等互動策略；可見女同志伴侶不以單一溝通形式進行協商討論，而是在關係的維繫上呈現更豐厚多樣的協商方式。

三、體現想像、拉近距離

女同志的生育協商多是從日常對話及想像擁有孩子開始，而透過協商的歷程也可以更瞭解雙方對於生育的想法與親密關係的想像，並將未來的規畫共同實踐於生活，在生育的想像具體化裡也拉近彼此的親密關係距離。

根據上述結果，本研究提出相關建議，供諮商輔導領域及未來研究參考。

關鍵字：已婚女同志伴侶、生育協商

First Fertility Consultation for Married Lesbian Couples

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ABSTRACT

The aim of this study is to explore the experiences of married lesbian couples in their first-time fertility negotiations. Using phenomenology as the research approach, three couples were purposeful sampling, resulting in a total of six research participants who underwent structured interviews. After conducting textual analysis using thematic analysis, the following research findings emerged:

1. Breaking free from traditional frameworks

The significance of fertility planning for lesbian couples varied, as they transitioned from never having imagined themselves as parents to breaking free from societal and cultural frameworks that assume lesbians cannot have children. The process of becoming parents not only allowed lesbian couples to embody motherhood but also enhanced the mental completeness of their marital relationships in terms of family imagination.

2. Advancing and retreating, build from scratch

The negotiation process of fertility issues for lesbian couples involved a complex interplay of compromise, concession, and cooperation within their intimate relationship. Go beyond a singular form of communication, lesbian couples engage in diverse negotiation strategies to maintain their relationship.

3. Embodying possibilities and bridging the gap

With everyday conversations and imagining having children, Fertility negotiations for lesbian couples help gaining a deeper understanding of each other's perspectives on fertility and the possibilities within their intimate relationship. Implementing future plans into their lives jointly, the concrete realization of their fertility aspirations also brings them more close.

Based on the above findings, this study provides relevant suggestions for the fields of counseling and guidance, as well as future research references.

keywords: married lesbian couple, fertility consultation